



# Sun Lakes United Methodist Church

Sun Lakes, Arizona

**August 3, 2021**  
**Kairos Vol. 6, Issue #15**

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## We Are A Thriving United Methodist Church

Friends,

None of us knows what a day will bring forth do we? Being open for worship and beginning to open for other classes, groups and experiences have meant a great deal to us.

But now we are in the middle of an increasing number of virus cases with appropriate concerns for us to deal with. We plan to continue moving forward with caution and care to maintain safety. So, I encourage us to take care of ourselves and each other by washing our hands, sanitizing, and wearing masks. If you haven't gotten your vaccine shots, I encourage you to get them as soon as possible. As we gather for worship each week, we will continue to provide face masks and sanitizers as you enter for worship and invite you to continue social distancing. Together, we will care and look out for each other as we do our part. Thank you!!!



I share with you that our church website has been completely revamped during this past year. Many hours have gone into this accomplished

project. We have worked hard to make it easy to access and use for everyone. We have been especially attentive to people new to our community to learn about our church, its ministry, and best of all our Church calendar. Check it out at [sunlakesumc.org](http://sunlakesumc.org).

The new dishwasher for the kitchen has been ordered and will be shipped from the factory the week of August 23. It will be installed in early September. Your generosity has made this possible. Thank you. We will share information each week regarding funding for the two new air-conditioning units for Lindsay Hall.

We continue to support a variety of mission causes making a difference here, in our city, state, and around the world. Thank you for your continued support of these important ministries.

Marvin

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## Worship Services



**August 1, 2021**



**July 25, 2021**



**July 18, 2021**

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## UNISON PRAYER

Eternal and loving God, we come before you realizing that without you we are nothing. Until we lay our hearts captive to your word and touch, we remain bound to the temporal things of the flesh that do not satisfy us. Take us, renew in us a sense of your living, breathing Spirit so our souls will find rest. We know that only as we put our faith in you are we able to accomplish all you desire for us and through us. Shape us more and more into the likeness of Jesus. Help us to intentionally perform an act of peace for you each day. Amen.



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**GRIEFSHARE BEGINS SEPTEMBER 8**



Mark your calendar for the next session of GriefShare, beginning Wednesday, September 8, 1:30 pm in Room 4, facilitated by Pastor David Holling.

GriefShare is a nationally recognized program to assist people on their journey through grief. Sessions for this faith-centered program run for 13 weeks include a video pertaining to the subject of the week and a discussion afterward. A workbook (\$15) is used for the time between sessions. If you have had a loss that you are working through, or perhaps not working through very well, this is for you.

You may register in Lindsay Hall or by calling the Church Office at (480) 895-8766.

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## **SWEET LIFE**



Sweet Life Cafe opens Thursday, September 9, at 12:00 pm, in Room 4!

Don't miss this 6-week discussion, facilitated by Cathy Smoot, on the different Christian denominations. As an aid for the class, a foldout comparison will be available for purchase.

Sign up in Lindsay Hall or call the Church Office to register (480) 895-8766.

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**THANK YOU!**





Heifer International gratefully recognizes

## Sun Lakes United Methodist Church

for your contribution of healthy animals and training  
in their care to help struggling families overcome a life of hunger and poverty.

*"The Earth is the Lord's, and the fullness thereof; the world, and they that dwell therein." Psalm 24:1*

*Pierre N. Fumani*

Heifer International

April 2021

Date



00000045

## DAILY DEVOTIONS LIVE!



Did you know Pastor Jonathan Arnpriester records a live daily devotion available to anyone? Each devotion is based on a biblical principle with added commentary.

If you would like the video delivered to your email inbox each day, you may sign up [HERE](#).

## ALTAR FLOWERS

### Altar Flowers were provided on July 25 by:

- Ken Schimpf in celebration of Judy Schimpf's birthday.

### Altar Flowers were provided on August 1 by:

- Jay and Carol McIntyre in celebration of their 42nd wedding anniversary.
- Jim and Lorraine Mottern in celebration of their 61st wedding anniversary.





## GRILLED PINEAPPLE DESSERT



Juicy pineapple dipped in coconut sugar and cinnamon, then grilled until golden and caramelized, is the perfect summer dessert. A sprinkle of lime zest is highly recommended, a scoop of vanilla ice cream is non-negotiable.

YIELDS:

6 - 8 servings

TOTAL TIME:

0 hours 20 mins

### Ingredients

3 tbsp. coconut sugar

2 tsp. ground cinnamon

1 tsp. ground cardamom

1 medium pineapple, rind removed and cut into 1/2-in.-thick rounds (you should have about 8 slices total)

Vanilla ice cream and grated lime zest, for serving

[GET INGREDIENTS](#)

Powered by Chicory

### Directions

- 1 Heat grill to medium-low.
- 2 In shallow bowl, mix together coconut sugar, cinnamon, and cardamom.
- 3 Sprinkle each side of pineapple slices with coconut sugar mixture (about 1/2 teaspoon per side), rubbing mixture into pineapple. Grill until deep golden brown and caramelized, 3 to 4 minutes per side.
- 4 Transfer to plates or a platter. Serve with vanilla ice cream and sprinkle with lime zest.

## YOUR LIBRARY

For the dog days of August, check out your Library for some cool reading.

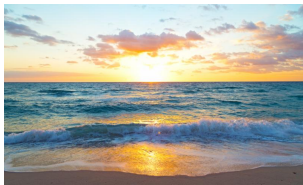
- *The Beloved Works of C.S. Lewis* by C.S. Lewis
- *The Heart Mender* by Andy Andrews
- *Fifty to Forever: the Complete Sourcebook for Living an Active, Involved, and Fulfilling Second Half of Life--for You and Those You Love* by Hugh Downs
- *Know the Bible in 30 Days* by J. Stephen Lang
- *No One Hears But Him* by Taylor Caldwell
- *Religions of America* edited by Leo Rosten
- *The Sound of Sleigh Bells* by Cindy Woodsmall
- *What Would Jesus Eat?* by Don Colbert, M.D.



Also available are Suduko, Crosswords, Word Search, and Adult Coloring books!

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## LOVE AND SYMPATHY



...to the family and friends of Connie Livingston who died on Wednesday, July 21, 2021. Memorial service information is pending.

...to the family and friends of Kelly Holden who died on Tuesday, June 22. Memorial service information is pending.

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AUGUST  
BIRTHDAYS

AUGUST  
ANNIVERSARIES

NEED  
PRAYER?

ELECTRONIC  
GIVING FORM

CALENDAR  
EVENT REQUEST

### Sun Lakes United Methodist Church

9248 East Riggs Road, Sun Lakes, AZ 85248

Phone: 480-895-8766

Contact Our Staff

