



Sun Lakes United Methodist Church

Sun Lakes, Arizona

May 29, 2024 - Kairos Vol. 10, Issue #22



UNISON PRAYER



On this Memorial Day weekend, we pray for those who courageously laid down their lives for the cause of freedom, both here and around the world. May the examples of their sacrifice inspire in us the selfless love of Your Son, our Lord Jesus Christ. Heavenly Father, comfort the hearts of those who have lost loved ones in the military. Bless the families of our fallen troops, bind up their wounds and heal their broken hearts. Fill their homes and their lives with Your strength and peace. You are good and You do good and we pray that even in their pain they will see Your goodness sustaining them. We thank you for the brave men and women who have fought, and continue to fight, so courageously for our nation. Please be with all those who wear the uniform, who serve our country every single day. We ask that you provide your protection, that you would be their guiding force who leads the way, and their rear guard who keeps them safe from behind. We ask that you would draw them to yourself amidst the dangers they face. Lord God, until there is war no more and you wipe every tear from every eye, we will remember. We will remember those who have served and died

for the sake of something greater than themselves. In Jesus' name we pray. Amen.

MEMBERSHIP

If you are interested in joining Sun Lakes United Methodist Church, please stop and visit Pastor Marvin or call the Church Office at (480) 895-8766.



NEWSLETTER NEWS



Each year our newsletter, the Kairos, takes a summer hiatus and the publication is scaled back to every **2 weeks** instead of weekly.

The Newsletter summer hiatus will begin the month of June. It will return to weekly publication after Labor Day.

COOKIES FOR HOSPITALITY HOUR

People sure do love their cookies! We are looking for wonderful bakers who would volunteer to bake a couple dozen cookies for hospitality hour.

Please bring to the Church Office or Lindsay Hall no later than Thursdays at 3:00pm. Container Pick-Up will be on Sunday by the Kitchen.



SOUNDBOARD VOLUNTEERS NEEDED



We need volunteers to run the sound board and Power Point when Wilson and Henry are gone this summer from time to time. Please call the Church Office to volunteer and the boys will be delighted to set up a time to train you. Volunteers are also needed from time to time for other events like special programs and memorial services.

Please contact the Church Office (480-895-8766) to volunteer and we will be happy to work out details and a schedule with (hopefully several) volunteers.

FLOWER PICK-UP VOLUNTEERS NEEDED

We need volunteers to pick up the flower arrangements from Albertson's Floral on Queen Creek and Alma School each Saturday or Sunday Morning for our 9:00am worship service.

Please contact the Church Office (480-895-8766) to volunteer and we will be happy to work out details and a schedule with (hopefully several) volunteers.



SOLA BINGO AFTERNOON



If you are Single Or Living Alone, please join us for Bingo here in Lindsay Hall on Friday, **May 31** at 12:00pm.

Bring a treat to share, no need for fancy! Cards are \$1 each for a chance to win fun prizes!

Bring a friend as this group is perfect for fellowship and fun games!

Please RSVP at the Church Office (480) 895-8766.

RED CROSS BLOOD DRIVE

The American Red Cross is hosting another Blood Drive on Thursday, **June 6** in Lindsay Hall. It is from 9:00am - 2:00pm.

No reservations necessary!



SOLA GROUP IN JUNE



If you are Single Or Living Alone, please join us for lunch at Cottonwood Country Club at: 25630 Brentwood Drive Sun Lakes, 85248 On Friday, **June 7** at 11:30am.

food!

We'd love to have more friends join us as this group is perfect for fellowship and yummy

Please RSVP at the Church Office (480) 895-8766. Ride sharing is available upon request!

TNT IN JUNE



Come join us for a night of Bingo at Tuesday Nights Together **June 11**. There will be the opportunity to play with more than one card and there is also the newer version of cards not requiring the use of ink stamps! Cost is \$1 per card. There will be more than one opportunity to play but we will end at 6:30p. Winners will receive a prize! The evening promises to be entertaining! A light meal will be offered for a free-will offering at 5:00 pm; the presentation starts at 5:30 pm.

RSVP at the Church Office (480) 895-8766 so we have enough food for everyone!

WHAT ARE YOU THANKFUL FOR?



PRAYER REQUEST FORM

Our new Prayer Cards have a Gratitude section! With negativity surrounding us everyday, it's easy to forget those little (and big) things to be thankful for! We would love to hear some people, events or things you're grateful for! What blessings have happened this week? There's nothing too big or too small to be thankful for!

DID YOU KNOW: STRENGTH & BALANCE

Ila Mackerman offers two exercise classes a week that are available to our members and to the community. Ila has taught exercise classes for many years not only at SLUMC but also in other communities. She has also worked with the Arthritis Foundation.

The classes are held on Monday and Wednesday 10:15 a.m. to 11:15 a.m. and are available year-round. It is under "Strength and Balance" in our monthly calendar.



Classes involve chair, standing, stretching and strengthening (no floor exercises)

- The cost is \$2.00 per person per class
- No age restriction
- No need to bring equipment
- Need to wear workout shoes and attire
- Let Ila know if you have any health issues
- Classes held downstairs of the Education Building
- Walk-ins welcome

Contact Ila Mackerman at 480-540-9269 and leave a message for a return call for more information.

COME BY OUR LIBRARY!



Here are some books for Memorial Day:

- A legacy of service: to those who served compiled by Jan C. Scruggs
- Let's roll: ordinary people, extraordinary courage by Lisa Beamer
- Values from the heartland by Bettie B. Youngs, Ph.D., Ed.D.
- The greatest generation by Tom Brokaw
- Flags of our fathers by James Bradley with Ron Powers
- Faith under fire by Steve Rabey

LOVE AND SYMPATHY

...to Deane Grav, family and friends on the death of his wife, Liz Grav who died Thursday,

April 4. A memorial service will be in the late summer.

...to the family and friends of Betty Wolfmeyer, who died Wednesday, May 1. A memorial service will be held Saturday, June 1 at 10:30 AM in the Chapel with a reception to follow in Lindsay Hall.



...to the family and friends of Jim Rainwaters, who died Friday, May 17. A memorial service will be held in the Chapel Saturday, July 20.

...to the family and friends of Donald Berner, who died Monday, May 27. A memorial service is still pending.

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Sun Lakes United Methodist Church

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Contact Our Staff

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